



PUHINUI SCHOOL

Newsletter

8 September 2022

Newsletter No. 17/2022

Kia ora Parents and Whānau,

Nau mai, Haere mai! Hello, As-salām 'alaykum, Namaste, Nǐ hǎo, Chào bạn, Musta, Noa'ia, Hola, Mauri, Ni sa bula vinaka, Fakaalofa lahi atu, Tālofa, Mālō e lelei, Mālō nī, Talofa lava, and Kia orana, Greetings.

SCHOOL CROSS COUNTRY: Last Tuesday we held our school cross country. It was lovely to see a large number of parents attending and supporting the tamariki as they ran. Students had prepared well and many ran personal bests which is always pleasing to see. Congratulations to those who placed on the day and good luck to the School Cross Country Team who will now travel to the zone championship event held next Tuesday at the Puhinui Reserve.

Cross Country Placings:

Girls			Boys		
1st	2nd	3rd	1st	2nd	3rd
5 Years			5 Years		
Rhea	Ava	Kahumairangi	George	Hunter	Heyansh
5 ½ Years			5 ½ Years		
Miranda	Ariah	Mele	Gurman	Sieli	Mehroop
6 Years			6 Years		
Shevonne	Salma	Rhea	Matthew	Madi	Jack
6 ½ Years			6 ½ Years		
Audrey	Shanyra	Naomi	Isaiah	Weston	Laksh
7 year Junior			7 year Junior		
Mia	Myra	Aisha	Cole	Shalom	Sukhman
7 Years			7 Years		
Zhardae	Peyton	Asinat	Ayden	Kabir	Tanush
8 Years			8 Years		
Grace Sahejman	Lavya Isabella	Jaanaki	Kasen	Uriah	Lisiate
9 Years			9 Years		
Chloe	Gabby	Arisha	Luca	Jerymiah (R6)	Likhil
10 Years			10 Years		
Jessica	Crisanalei	Angelina	Isaac	Aarav	Gabriel
11 Years			11 Years		
Katie	Legacy	Cherish	William	Japjeet	Maeson

TEACHING STAFF PROFESSIONAL DEVELOPMENT: This week our teachers covered the concept of forming habits and what the process is for forming effective habits. We all have daily habits that are positive and sometimes potentially negative. By knowing about forming habits we can help students shape their daily learning experiences in positive ways. Four key areas when shaping new life habits are:

1. **Make it obvious**
 - a. I'm going to read for 10 minutes each day when I get home from school.
2. **Make it attractive**
 - a. I will quickly grab a snack to eat.
 - b. I will get my book ready.
 - c. I will read in my room where it is quiet.
 - d. I will tell myself I am a great reader and reading will help me grow to be successful.
 - e. I will have a checklist and I tick off each day I read.
3. **Make it easy**
 - a. By starting with small steps and easy tasks we form the habit. We can build on the habit and begin making it more challenging as the habits become more consistent.
4. **Make it satisfying**
 - a. Rewards help us stay motivated.
 - b. Think of rewards that can be motivating and manageable too.

AUCKLAND KIDS SING CHOIR FESTIVAL: Next Wednesday, 14th September our School Choir will travel to the Holy Trinity Cathedral for the Auckland Kids Sing. They are scheduled to sing in the afternoon session from 12.30 p.m. Later in the evening they will perform for parents and whānau in the Gala Evening Concert. Our choir, thanks to the tutelage of Mr Read and the support of Mrs Ngaire Bird, are always very competitive and we wish them all the best for next week.

FREE BAND PERFORMANCE: The Manukau Concert Band are holding their annual whānau concert this coming Saturday, 10th September at 3:00 p.m. in the Puhinui School Auditorium. This is a free concert for the whole family. Members of the School Band will also be joining the Concert Band to play and the school choir will be performing as well.

CHOIR BAND ASSEMBLY: This Friday's assembly will be led by the Choir and Band. They will perform items they are currently learning. School assemblies are from 1.50 p.m. every second Friday. Parents are welcome to attend. Please remember to wear a mask if you're going to join us. Thank you.

SCHOOL VALUE: We have 5 school values that we try to live each day at Puhinui School. Respect, Resilience, Integrity, Opportunity and Community. **Integrity** is our school value for the next 2 weeks. This value is seen when students are able to be honest and have the faith to know that by being honest they are displaying good character. A person who has integrity should be encouraged and we have a responsibility to support and give students confidence in displaying integrity. Sometimes a real test of a person's integrity is when things are getting hard and a person has choices to make between the right action to take and a misguided action. We may not always show the integrity we would like to. Our job at school is to celebrate integrity in the good choices and help students learn about integrity in the not so good choices they may make.

JUNIOR BOTANICAL GARDEN'S TRIP: This week we had a number of our junior classes visiting the Botanical Gardens as part of their Worthy topic study, "My Back Yard." For the junior students the whole day is a grand adventure, from the lining up, to the bus trip and the actual activities at the gardens. During the visit, the students learnt about the anatomy of a flower, the life cycle of a kowhai seedling to a tree. They walked the gardens and made wildflower seedling dirt balls. It was a big day at the gardens for the tamariki. Thank you to the parent helpers that gave up their time to be with our students during the trip.

HEALTH NURSE: The Mana Kidz Health Nurse is working in our school every Thursday morning 9.00 a.m. - 12.30 p.m. Health checks include:

Hearing checks Vision checks Sore throats Skin conditions - sores, eczema
 Asthma concerns Toileting issues Consistent runny nose (especially during winter)
 MANA HEALTH NURSE CONTACT DETAILS: 027 278 1441 OR 0800 MK TEAM: 0800 658 326

SKiDS: Our before and after school care providers are available for before and, or, after school care. To contact SKiDS, ring Becca at 0800 754 377. Text 022 473 0281 or email them at puhinui@skids.co.nz. Get started by enrolling on AIMY PLUS <http://skids.aimy.co.nz> Their Holiday Programme has been sent with this newsletter.

LUCKY LUNCH WINNER: Well done to Amelia Cheng from Room 9 who was the lucky lunch winner from the last newsletter. On Mondays or Fridays, the lucky lunch winner is able to order their free lunch from the auditorium.

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Please sign and return this slip to school tomorrow so your child's name can be entered in a draw for a free school lunch.

Parent's Signature _____ Child's Name _____ Room _____